

Message from Mrs. Dean October 2015

Happy October! It is already that time again for social skills group in our K-5th grade classrooms.

In our Kindergarten and 1st grade classrooms we are focusing this month on Whole Body Listening. Today we learned how we listen with all different parts of our bodies including our eyes, ears, mouth, hands, feet, bodies, brains, and hearts. Together we read the story "Whole Body Listening Larry at School" and spent time playing some listening games to practice our new listening skills. Please take some time to ask your students how they listen with their whole bodies- they are getting very good at it!

In 2nd-3rd grade this month we are beginning to learn all about the 7 Habits of Happy Kids with our 1st Habit: Be Proactive. In class today we learned all about what it means to be a proactive person vs. a reactive person and that we are in charge of the choices we make and the actions we take. Together we practiced identifying proactive and reactive choices and how we can make proactive choices each and everyday.

4th and 5th grade began learning all about organization and why it is important for school and life success. Following our lesson we did a desk clean out in order to start our 2nd quarter of the school year on a neat and organized note!

Thank you for joining us on our journey to being happy and helpful leaders ☺

Mrs. Dean
School Social Worker